


Tear to open 



ONION GARLIC  
**ORGANIC**  
*Croutons*

Edward & Sons™ Organic Croutons add crunchy excitement to soups and salads. They are the perfect ingredient for all your homemade stuffings. Delightfully seasoned, Edward & Sons Organic Croutons make a wonderful snack straight from the bag. For a refreshing salad variation, toss your favorite organic greens and dressing with our Organic Croutons and slices of Native Forest™ Organic Hearts of Palm. Be sure to try all three varieties of our Organic Croutons: Lightly Salted, Italian Herbs, and Onion Garlic.



**Nutrition Facts**

Serving Size 2 Tbsp (7g)  
Servings Per Container about 21

Amount Per Serving	
Calories 30	Calories from fat 6
%Daily Value*	
<b>Total Fat</b> 0.5g	<b>1%</b>
Saturated Fat 0g	<b>2%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 60mg	<b>2%</b>
<b>Total Carbohydrates</b> 5g	<b>2%</b>
Dietary Fiber 0g	<b>1%</b>
Sugars 0g	
<b>Protein</b> less than 1g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 0%

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Ingredients: Organic Wheat Flour, Organic Non-Hydrogenated Palm Oil, Yeast, Salt, Organic Onion Powder, Organic Garlic Powder.

Dist. by Edward & Sons Trading Co., Inc.  
P.O. Box 1326, Carpinteria, CA 93014 USA

[www.edwardandsons.com](http://www.edwardandsons.com)

Certified organic by QAI, USA

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